



Millstream House

Specialist Huntington's disease
service in Rochester, Kent





About our home

Located in Rochester, Kent, Millstream House is a **welcoming specialist care home for up to 22 people.**

Our home is spread across three accessible floors, featuring:

- ✓ **Two lifts and four main bathrooms equipped with recline baths, tracking hoists, and tilts.**
- ✓ **Communal spaces including a comfortable lounge area on every floor, kitchenette, beauty room, cinema room, and spacious garden with views of the River Medway.**

We're near Strood town centre, with easy access to a cinema, bowling alley, cafés, and shops, making trips into the local community simple and enjoyable.

Specially trained teams

We support a range of needs and conditions, including:

- ✓ **Huntington's disease**
- ✓ **Brain injury (non-rehabilitation)**
- ✓ **Neurological conditions**
- ✓ **Complex care and challenging behaviours**

Our team receive **specialist training**, providing them with the knowledge and skills to **deliver the best care and support.**

This includes a **comprehensive three-day course** provided by the Huntington's Disease Association, plus annual refresher courses, Abbott PEG (Percutaneous Endoscopic Gastrostomy) training, and Tissue Viability training.



Experts in Huntington's Disease



At Millstream House, we're **experts in Huntington's disease care**. We understand the unique challenges Huntington's disease can bring, and our team is trained to provide support at every stage:

1 Early stages

In the early stages, you may be able to manage most daily activities as normal, but we're here to support with any challenges as they develop, including difficulties communicating, preparing meals and accessing the community.

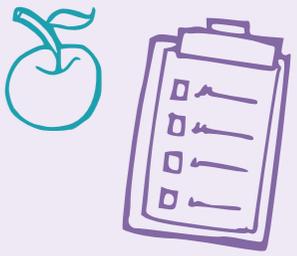
2 Middle stages

As the disease progresses, day-to-day tasks such as managing finances, working, and driving may become more difficult. Our support focusses on assisting with mobility difficulties, communication, eating, and problem solving – ensuring you maintain as much independence as possible.

3 Late stages

In the later stages, you may need support with most daily activities including personal care. Our teams use specialist approaches including speech and language therapy, to ensure your safety and comfort. As your care needs increase, our focus is on your comfort, wellbeing and emotional needs, ensuring you and your family are at the forefront of your care.

We also support individuals with:



- ✓ Dietary management, tailored meals and monthly check-ins.
- ✓ The use of mobility aids to promote safety and independence.
- ✓ Attending appointments such as annual Huntington's disease reviews with Neurologists.
- ✓ Collaborative care with Dietitians, Physiotherapists, End of Life Team, Dentists, Occupational Therapist, Speech and Language therapy teams and falls clinics.





Life at Millstream House

At Millstream House, you're at the heart of your care. Our team will **work with you** to create a **person-centred care plan**, tailored to your needs, abilities and aspirations.

We **support your independence**, helping you gain confidence and make choices about your daily life. Your care plan reflects your **personal goals**, priorities, and routines.

Life at Millstream House is active, engaging, and **tailored to your interests**. You'll be encouraged to choose activities that **bring you enjoyment and purpose**, help to build confidence, independence, and connections with others.





Support networks

At Millstream House, we understand how important it is for **families to feel connected and supported**. We welcome relatives and loved ones to visit, join in activities, or simply spend time together in our home.

Our Key Workers build close relationships with individuals and their families, ensuring you feel heard, informed, and involved in care decisions. We provide regular updates and **organise family meetings and social events**, helping families feel part of the Millstream House community.

In the final stages of the disease, we provide **compassionate end-of-life care** and families are supported to stay close, with access to a private en-suite room so they can be near their loved one in comfort and privacy. Our team is there to offer guidance, emotional support, and dignity, ensuring these moments are spent in a **calm, caring environment**.



Fulfilling lives

At Millstream House, we bring together specialist expertise with a warm, welcoming place to live. Each day, our team focus on helping people feel safe, respected, and supported to live a fulfilled life.



Compassionate and skilled team

Diverse, skilled team united by empathy and a commitment to improving lives.



A place that feels like home

A homely environment where people feel safe, heard and respected.



Individualised care and support

Our specialist Huntington's disease support is tailored to your changing needs - from early-stage support through to advanced and end-of-life care.



Working together for better outcomes

Strong partnerships with Huntington's disease neurologists, Occupational Therapists, Physiotherapists and other key professionals - providing high-quality care to meet your needs.



Commitment to quality

As a sector-leading provider, we're always looking for ways to **innovate and improve the care we provide**. Our aim is to deliver care that **empowers you** to achieve your ambitions, and live a fulfilling, happy lives!

Our robust quality framework is designed to ensure consistent, safe and effective care, when supporting people with a range of complex needs. Our teams stay aligned to strict best practice approaches. This helps us deliver **high-quality, person-centred care and support**.

**Data accurate as of February 2026.*

100%
of our Scottish and Welsh
registered services are graded
overall compliant!

90%
of our registered
services in England are
rated Good or Outstanding!

“My husband moved into Millstream House 2 years ago. I am extremely happy with the care my husband receives. The staff are amazing and my husband is very happy at the house.”

Nicola, wife of a person we support





We'd love to hear from you!

Voyage Care is a sector-leading provider of specialist care and support to **3,500+ people** with a learning disability, autism, brain injuries and other complex needs.

We offer **person-centred care** in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.

*Correct as of January 2026.



Get in touch

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Learn more about
Millstream House