

# Cleadon Court

South Shields, Tyne & Wear





## About our home

Located in South Shields, Cleadon Court is a specialist residential care home, offering support for **up to 13 adults with neurological needs and complex mental health conditions**, including acquired brain injuries, complex / enduring mental health needs, behaviours of concern, complex traumatic histories and dual diagnosis.

Our fully accessible home has **eight modern bedrooms**, each with their own spacious en-suite wet room for enhanced independence. We also have **five self-contained apartments**, for those ready to transition to more independent living!

Our home has plenty of space for **re-developing both daily living and social skills**, including:

- ✔ wrap-around garden
- ✔ communal lounge with relaxing garden views
- ✔ an adapted therapy kitchen and main communal kitchen



## Our community

As part of our approach, we deliver **holistic, active support**. Promoting a functional approach, we focus on **developing skills in everyday scenarios**.

Where appropriate for your needs, we **engage you with the community** as an extended provision for support - improving relationships, establishing opportunities, and increasing awareness of behaviours in social environments.

We're conveniently located **near a wide range of local amenities**, including healthcare facilities, shopping outlets, and a leisure centre. Excellent public transport links also provide easy access to Sunderland, Newcastle, and the beach - keeping you well connected to the wider community.





Scan Me!

Learn more about **Cleadon Court** on our website!



## Promoting wellbeing

Each day is centred around **fun activities**, so you can develop and practice your skills in everyday situations both at home or in the community.

We ensure activities are **bespoke to your individual interests**, preferences, needs and values. Working with you, we source meaningful opportunities that support your goals and **promote quality of life**.

We take a **person-centred approach** to your support, and we work alongside experienced therapists where appropriate, who understand the challenges you may face. Together, we'll create a tailored therapy program centred around your individual needs, strengths, and personal goals.

Our home is thoughtfully designed to help you live as independently and comfortably as possible, offering safe and supportive spaces where you can relearn skills, build confidence, and **establish meaningful daily routines**.





## Our specialist approach

We understand the impact complex neurological conditions can have on everyday life, relationships, and independence. Our approach is designed to provide the **right support at the right time**, helping people live safer, more fulfilling lives.

### Person-centred support

Our support is guided by neuropsychology principles and built around your individual needs. We take time to understand the reasons behind behaviours, focusing on **practical strategies that support positive change** and emotional wellbeing.

### Focused on everyday outcomes

Rather than concentrating on physical or cognitive needs alone, **we look at outcomes**, supporting people to develop skills that improve daily life - from managing emotions and behaviour to building routines, confidence, and independence.

### Consistent, joined-up support

Our **transdisciplinary teams** work closely together, including psychology, occupational therapy, physiotherapy, and specialist support teams. This ensures a consistent approach with opportunities to practice skills in real-life settings.

### In-house expertise

With the support of our clinical team, our care and support benefits from a layer of internal governance and expert guidance. Together, our **Clinical Nurse Managers, Registered Mental Health Nurse and dedicated Positive Behaviour Support Practitioner** will ensure support is safe, adaptable, and always centred around individual needs.

### Positive Behaviour Support and trauma-informed care

Rooted in compassion, our care and support are designed to provide safe, supportive, and recovery-focused environments for a range of complex neurological needs. Embedding trauma-informed care and Positive Behaviour Support (PBS) principles, we ensure each person receives **personalised, dignified, and effective support**.



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## We'd love to hear from you!

Know someone who would **benefit from our specialist support at Cleadon Court?**

Our expert team is here to **guide you every step of the way**. From initial enquiry, to assessment and transition, we've got it covered.

Just scan the QR code, fill in your details, and we'll take care of the rest!

Voyage Care **supports 3,500+ people** with a learning disability, autistic people, and those with neurological and complex needs.



### Get in touch



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www.voyagecare.com



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