Sanderling House

Specialist brain injury rehabilitation service in Liverpool, Merseyside

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About *our home*

Located in semi-rural residential area of Merseyside, Sanderling House offers specialist support for up to **seven people with aquired brain injuries, neurobehavioural needs and complex mental health needs.**

Through a community-based, functional approach, we work with you to regain lost skills and achieve a **level of independence that's right for you.**

Our charming home offers plenty of opportunities for developing important skills and relationships with others, including:

- A cosy communal lounge for socialising.
- A large kitchen-diner, perfect for practicing daily living skills.
- A spacious garden, complete with a patio/seating area for enjoying time outdoors.
- The local community offers excellent amenities, including pretty parks, essential shops and the **opportunity to connect with others** at the community leisure centre.

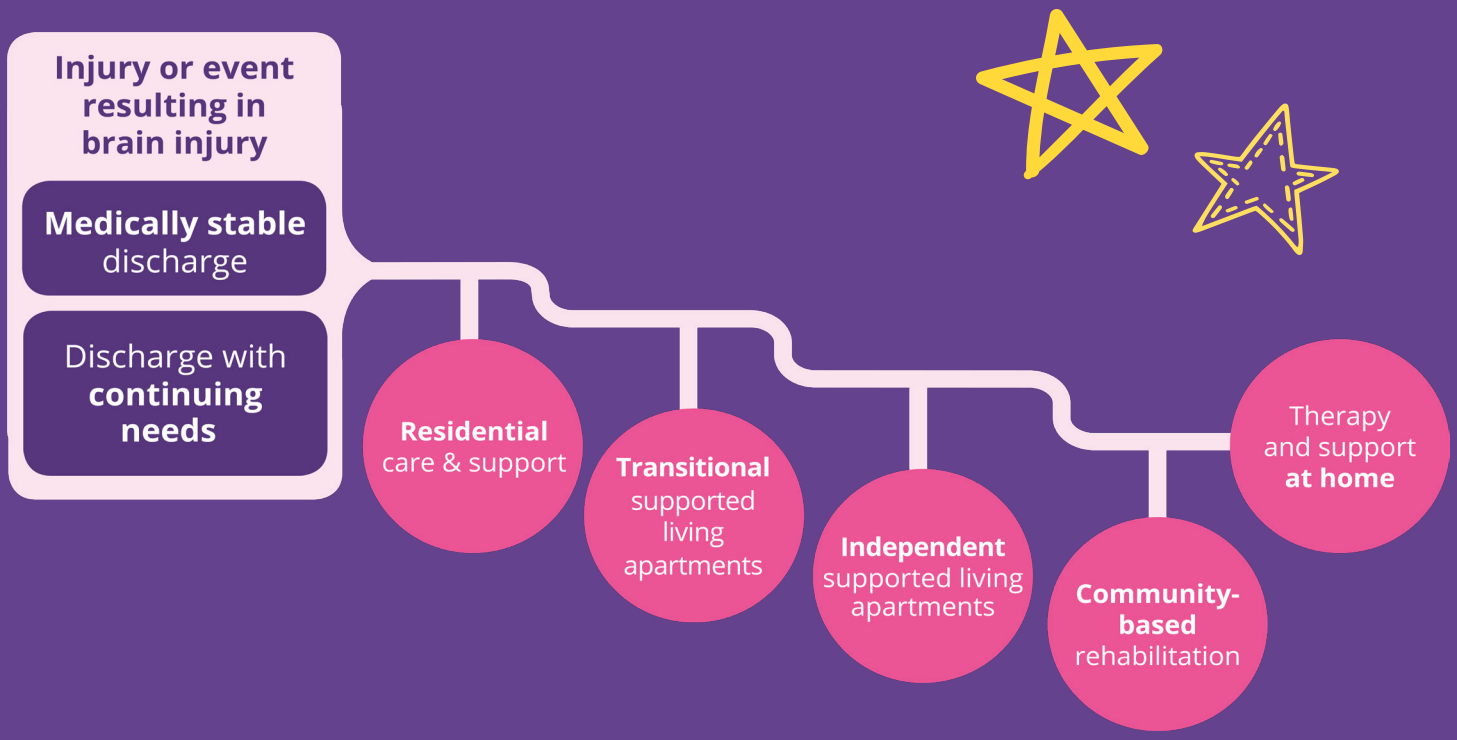
Our pathway

We understand everyone's brain injury experience is unique, so we tailor our support to **meet your needs and goals.** Through **innovative person-centred support,** we identify areas for developing abilities, increasing confidence, and making **positive steps towards independent living.**

We focus on rehabilitation potential and design holistic support that enhances skills and nurtures meaningful connections within the community.

Together **we co-create care plans** reflecting what's important to you, ensuring we **support you to achieve your aspirations.**

Our goal is to **support you to regain lost skills,** reclaim your independence, and **establish a meaningful future.**



Scan Me!

To learn more about **Sanderling House** on our website!

Promoting wellbeing

Each day is centred around **fun and functional activities,** so you can develop and practice your skills in everyday situations.

We ensure activities are **bespoke to your interests**, preferences, needs and values. Working with you, we source meaningful opportunities that support your goals and **promote quality of life.**

As part of our person-centred approach, we work with **expert therapists who tailor therapy sessions** to meet your needs and goals. Our current therapies include **Neuro-music Therapy, Occupational Therapy, and Speech and Language Therapy.**

Our home is designed to **support your rehabilitation pathway and overall wellbeing.** We have a dedicated **therapy area,** including a training kitchen, to support you to redevelop independent living skills. We benefit from nearby gym facilities, so you can **maintain a healthy lifestyle** and **regain lost mobility.**

Voyage Care has **200+ places** for community based rehabilitation!

Our expertise

Compassionate team
Diverse, skilled team united by empathy and a commitment to improving lives.

Positive environment
Supportive, homely atmosphere where people feel safe, valued, and respected.

Active rehabilitation
Skills and cognition are deeply embedded through daily, meaningful activities, resulting in positive outcomes.

Integrated therapy
Our in-house Therapy Lead connects with expert clinicians to weave therapies into daily life.

Collaborative care
Strong partnerships with local professionals enables seamless multi-disciplinary rehab pathways.

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We'd love to hear from you!

Know someone who would **benefit from our specialist support at Sanderling House?**

Our expert team is here to **guide you every step of the way**. From initial enquiry, to assessment and transition, we've got it covered.

Just scan the QR code, fill in your details, and we'll take care of the rest!

Voyage Care **supports 3,500+ people** with a learning disability, autism, brain injuries and complex needs.

Get in touch

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Scan QR code to make a referral