

# Specialist brain injury support:

Tailored support pathways led by experts



# Our approach



At Voyage Care, we work with multi-disciplinary teams to provide specialist **care and support** for people with acquired brain injuries and associated complex neurological needs.

Our collaborative process empowers, educates, and supports people to take control of their lives and **regain their independence**.

Through **person-centred pathways and rehabilitative techniques**, we equip people with the skills and confidence they need to live fulfilling lives and seek meaningful opportunities in their community.

With a focus on **improving quality of life**, we work closely with the people we support and their support circles, ensuring our support is:

- ✓ **Defined based on individual needs.**
- ✓ **Guided by individual goals.**
- ✓ **Embedded in local communities.**
- ✓ **Inclusive of family and support networks.**



Helping people relearn lost skills and live more independently!

## Slow stream rehabilitation

As part of our approach to brain injury support, we use the **slow stream technique**. Focusing on long-term goals, this technique employs a range of therapies and functional activities to support people to relearn lost skills and **reintegrate with their local communities**. This can take 6-12 months, or longer, depending on individual needs.

Providing active support pathways **outside clinical settings**, we empower the people we support to set and achieve goals, and work with accredited professionals to help them fulfil their aspirations. Using a slow stream approach means our support is holistic, considering **social and emotional needs**, so the people we support can achieve a level of independence that's right for them.



# Our Therapies



From loss of mobility to feeling isolated, we understand the wider ways someone's life can be affected after brain injury. We also know everyone's rehabilitation journey is **unique to them** and their experiences.

As part of our **slow stream approach**, we use neurological therapies, tailored to meet individual needs. Our **evidence-based therapies** are underpinned by neuroscience, delivered by expert Therapists, and further woven into daily support by our specially trained teams!

Neuro-therapy we offer includes:

- ✔ Cognitive Behavioural Therapy (CBT)
- ✔ Creative Therapies
- ✔ Occupational Therapy
- ✔ Physiotherapy
- ✔ Psychology
- ✔ Psychotherapy
- ✔ Speech and Language Therapy



# Expert-led support



Our teams receive specialist brain injury rehabilitation training, tailored to meet the **complex needs** of the people we support.

We also collaborate with external professionals to influence and inform the training we deliver to our teams. From initial mandatory training when they first join us, to **ongoing learning opportunities**, our programmes are purposeful and aim to fulfil the needs of the people we support.

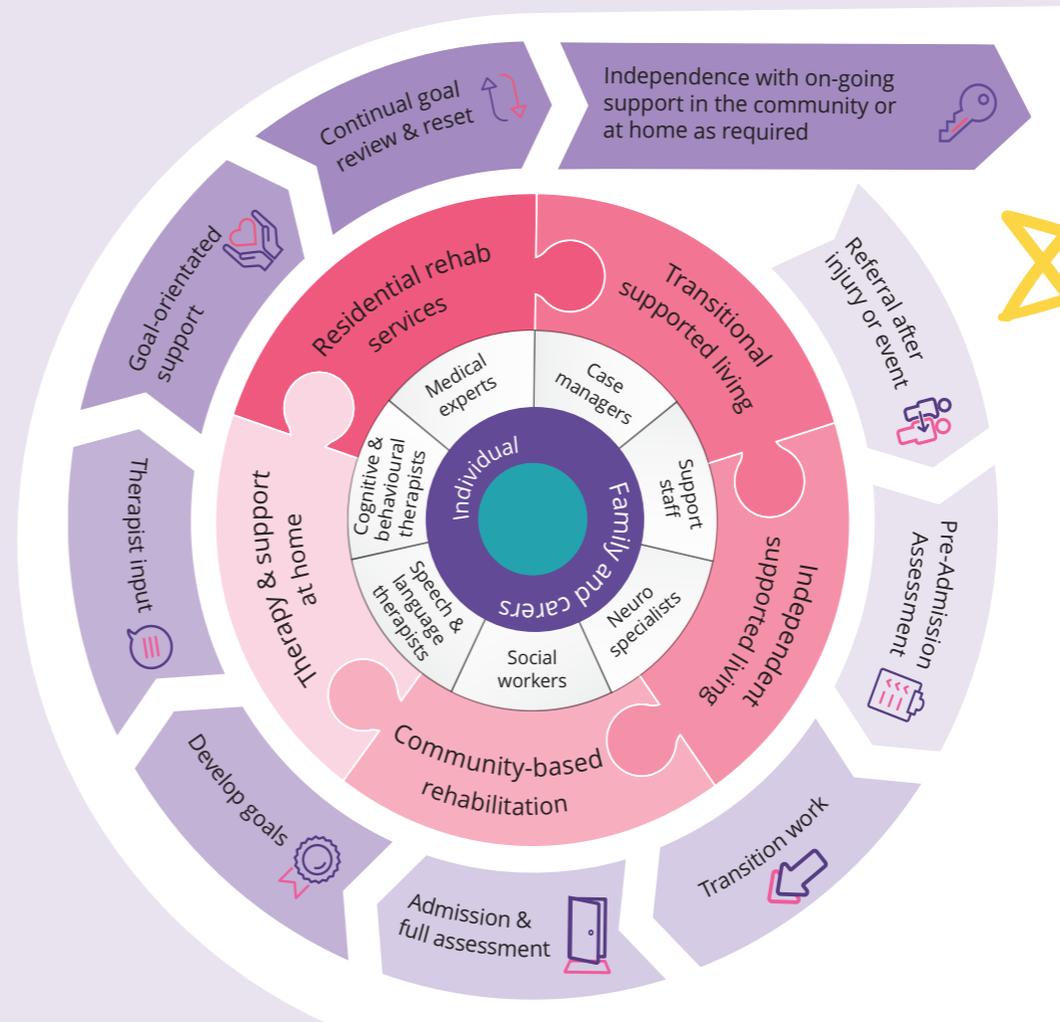
Our expert clinicians and therapy partners regularly deliver training seminars, offering an opportunity to gain new insights and collaborate with each other to **establish better ways of working.**



# How we work with you

We work in partnership with you to **achieve your client's goals** and support their health, emotional, and social needs. This is achieved through open and honest communication and regular reporting to ensure collaborative working.

With our range of settings and robust, specialist brain injury support processes, you can rest assured your client will be **supported to accomplish positive outcomes and achieve their goals!** Tailored to meet individual needs. Our evidence-based therapies are underpinned by neuroscience, delivered by expert Therapists, and further woven into daily support by our specially trained teams!

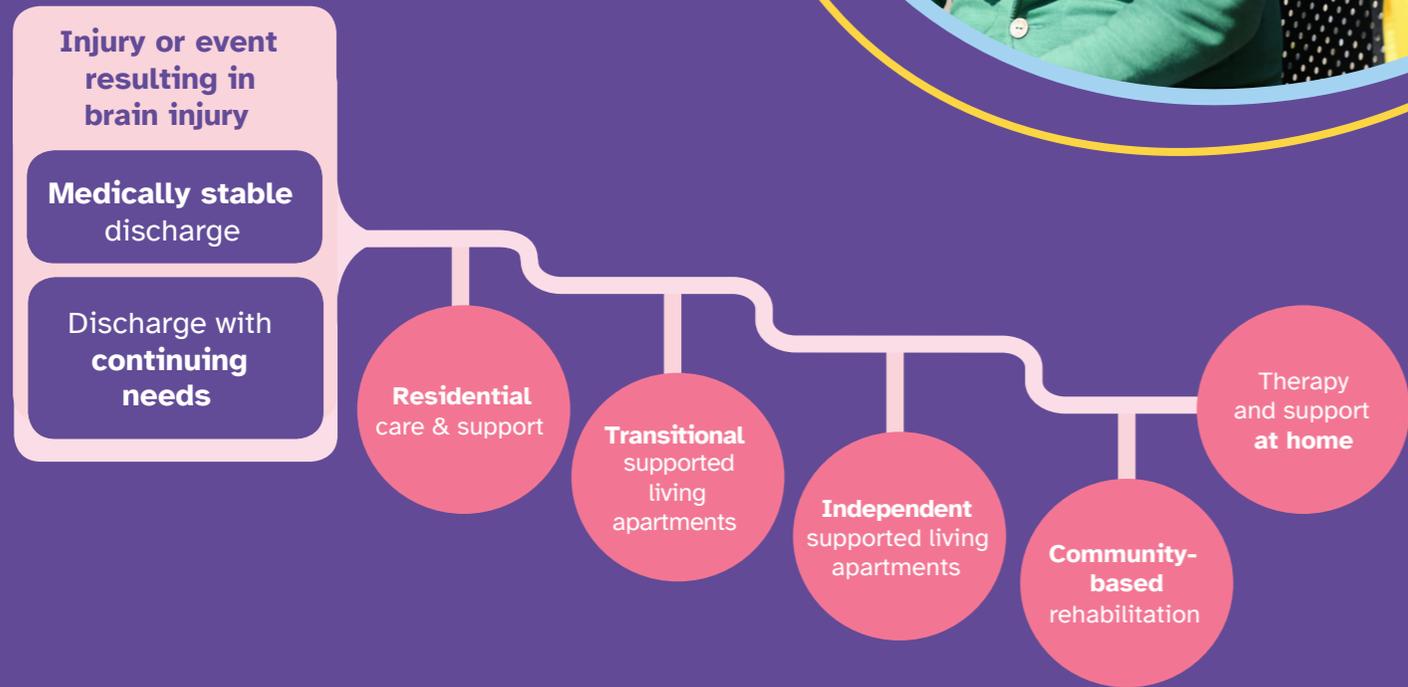


# Our pathway

Our specialist support services provide **stepping stones towards independence**, empowering people with the skills and confidence to safely engage with their local community.

Using a person-centred approach, we co-create care plans that reflect **what is important to your client**, and deliver positive outcomes.

Our goal is to help individuals regain lost skills and build a **meaningful future**.



  
**200+**  
places for  
community  
based  
rehabilitation!



## Residential rehabilitation support

Our residential services provide a **structured environment** with regular specialist neuro-therapy sessions and daily therapy support delivered by dedicated Therapy Leads.

**Conveniently located across the UK, our specially designed services offer:**

- ✓ Safe and homely environments encouraging functional rehabilitation.
- ✓ Settings to develop and practice daily living skills.
- ✓ An opportunity to build meaningful relationships with others.

We are equipped to support behavioural management and engage with expert Therapists to **monitor and improve** verbal and physical behaviours, including sexual disinhibition.

Quarterly reviews help us regularly monitor your **client's progress**, review their goals, or set new ones!

## Promoting independence

We focus on supporting your client's **functional independence** and work towards helping them return home or to a less dependent setting.

Most of our residential services also have a number of transitional living flats, designed to empower your clients to take the **next step on their journey** and live more independently. These settings allow individuals to practice re-developed skills in a safe, reassuring environment.

**Our fully equipped flats include:**

- ✓ Kitchen, living room, and dining room.
- ✓ Bedroom and wet room.
- ✓ Safety of a residential service setting.

We complete a **12-week assessment** to review progress and discuss transition back home or into supported living. If your client needs more time with us, we'll offer **regular reviews and package adjustments** to ensure successful outcomes.

## Supported living

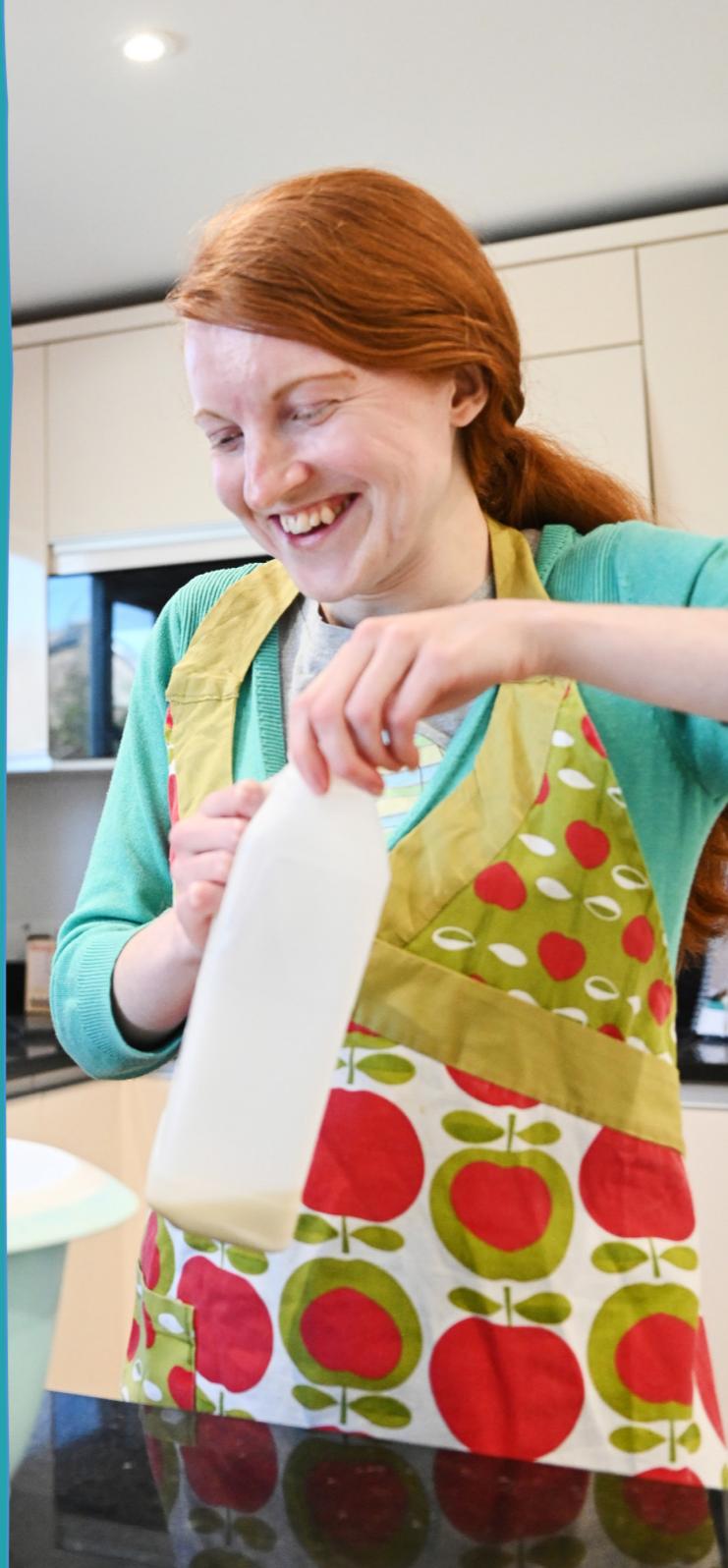


When someone is ready for more independence, our unique pathway can **facilitate a transition** to one of our nearby supported living settings. These offer more privacy and an opportunity to live alone while accessing specialist support from our team.

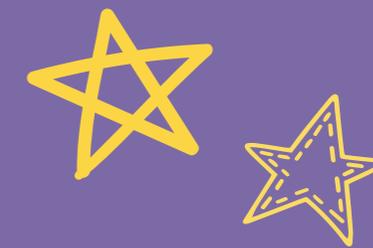
Our flexible supported living models **promote independence** and allow clients to choose the level of support they need, offering greater value for money.

In supported living, clients can continue to benefit from **sessional therapy support** with our dedicated Therapy Leads, who will continue to monitor progress and support your client to set goals.

When ready, we can support your clients to return home, or to an even more independent setting, based on their needs. We can also help your clients source bespoke housing or understand and access **Personal Budgets**.



## Continued support in the community



Once your clients are ready to step down from residential or supported living services, they can continue to access our **community support services**. These are available in the client's own home or at one of our dedicated day centres.

Our **specially trained support teams** can support your clients with a wide range of activities such as looking after their home or accessing activities they enjoy in the community.

We can also provide **emotional support**, empowering your clients to adjust to their new environment or pursue meaningful opportunities.

If required, we can provide **step up services**, through respite or emergency cover, mitigating the risk of more intensive support.





## Ollie transforms her life!

Ollie **suffered with mental health difficulties** from an early age. When she was working as an Outdoor Activities instructor, **she had a fall and hit her head**. Her mental health struggles took a turn for the worst and she started hearing voices in her head. Desperately wanting to feel better, Ollie sought help – but nothing worked. Unable to cope, she tried to end her own life and suffered a **hypoxic brain injury**.

Her **brain injury affected her mobility**, adding new emotional struggles. Ollie's wheelchair made her feel self-conscious and **she struggled to understand who she was**. Our compassionate team supported Ollie to express her thoughts and feelings, find the confidence to engage with her rehab pathway, and **take back control of her life**. Soon, she was walking again. Once she'd taken those first steps, **there was no stopping her**.

Scan Me!

To learn more about Ollie's transformation story!



## Our expertise



### Compassionate team

Diverse, skilled team united by empathy and a commitment to improving lives.



### Positive environment

Supportive, homely atmosphere where people feel safe, valued, and respected.



### Active rehabilitation

Skills and cognition are deeply embedded through daily, meaningful activities, resulting in positive outcomes.



### Integrated therapy

Our in-house Therapy Lead connects with expert clinicians to weave therapies into daily life.



### Collaborative care

Strong partnerships with local professionals enables seamless multi-disciplinary rehab pathways.



Accredited by



the brain injury association



Our **robust training and competency assessment** ensures that our team are well-equipped to provide care to individuals with clinical needs. We focus on the importance of understanding the reasons behind each task. This knowledge leads to **increased safety**, higher standards of care, and a **better overall experience** for those we support.

**Clare Jackson**  
Clinical Nurse Manager

## Support for *complex needs*

Many of the people we support also have additional needs. Part of our rehabilitation support includes helping your clients manage their needs through **personalised, support plans**.

Our highly skilled teams are trained by Clinical Nurse Managers to deliver safe clinical support for complex needs. **Focusing on restoring quality of life**, they are trained in:

- ✓ Diabetes management
- ✓ Epilepsy
- ✓ Percutaneous endoscopic gastrostomy (PEG)
- ✓ Catheter management
- ✓ Dysphagia management
- ✓ Emergency rescue medication

We understand needs evolve and change over time. That's why our Clinical Nurse Managers continuously **assess and train our teams** in a range of interventions.

Ensuring your client's needs are managed at every stage of their rehabilitation journey means they're empowered to focus on achieving their goals and **living a fulfilled life!**

## Assistive technology & specialist equipment



Examples of assistive technology we offer include:



Epilepsy sensors to detect seizures.



Specialist equipment, ceiling tracking hoists and Hydro-therapy.



Sensors on beds or chairs with alert for support.



Environmental controls, helping to turn lights on/off or open/close curtains.



Dedicated training kitchens, specialist SALT equipment and communication aids.



## Our other services

♥ **Agricola House**, Bury, Greater Manchester

♥ **Carville Road**, Wallsend, Newcastle Upon Tyne

♥ **Cedar Road**, Dudley, West Midlands

♥ **Cleadon Court**, South Shields, Tyne and Wear

♥ **Devonshire House**, Ardwick, Manchester

♥ **Glasshouse Hill**, Codnor, Derbyshire

♥ **John Cabot House**, Bristol, Somerset

♥ **Linnet Mews**, Clowne, Derbyshire

♥ **London Road**, Gloucester, Gloucestershire

♥ **Lorenzo Drive**, Liverpool, Merseyside

♥ **Lorenzo Drive Flats**, Liverpool, Merseyside

♥ **Maeres House**, Widnes, Cheshire

♥ **Markham House**, Bolsover, Chesterfield

♥ **Marnar House**, Nuneaton, Warwickshire

♥ **Riverway Lodge**, Stockton-on-Tees, County Durham

♥ **Rugeley Road**, Chase Terrace, Staffordshire

♥ **Sanderling House**, Formby, Merseyside

♥ **Summerfield Court**, Leeds, West Yorkshire

♥ **Theoc House**, Tewkesbury, Gloucestershire

♥ **Walker Lodge**, Liverpool, Merseyside

♥ **Willowbrook**, Leicester, Leicestershire

♥ **Woodlands**, Middlesbrough, North Yorkshire

**Coming soon!**

Our specialist brain injury homes provide over **200 places for community-based brain injury support**. We develop services that are of a **high-quality and based on best practice** approaches, demonstrated by our partnership with Headway, the UK's leading brain injury association!



# We'd love to hear from you!

Voyage Care is a sector-leading provider of specialist care and support to **3,500+ people** with a learning disability, autistic people, and those with neurological and other complex needs.

We're committed to providing **high-quality, person-centred care and support.**

Our highly trained, specialist teams work with you to co-create personalised support plans focusing on your interests, priorities and skills. You can rest assured **your needs are at the centre of all we do.**



## Get in touch



0800 035 3776



referrals@voyagecare.com



www.voyagecare.com



Scan QR code to  
make a referral

