

Lower St Helens

Southampton, Hampshire



voyagecare 

Lower St Helens



Lower St Helens is a **residential care home** in the heart of Hedge End, Southampton. Here, we provide high-quality care and support for up to four women with a learning disability, autism, low levels of challenging behaviour, cerebral palsy, Down's syndrome, and other complex needs.

Our four-bedroom detached home benefits from **plenty of communal areas**, including a kitchen, sensory room, activity room, and a relaxing outdoor area, complete with a fruit and vegetable patch.

We're conveniently located within walking distance of local shops and bus routes to the town centre and further afield. We also have **our own vehicle**, ensuring you can access opportunities in the local community!





A place to call home

At Lower St Helens, we offer more than somewhere to live – this is **somewhere for you to make your home**. We take time to understand how you prefer to communicate and tailor our approach to suit you.

We're trained in **enhanced communication methods, like Makaton**, so you can confidently express your thoughts, feelings, and wishes.

We also have the skills and knowledge to help you manage conditions like diabetes. We've also received **specialist autism training**. So, you can be reassured we'll always prioritise your health and happiness!

Your needs at the centre of all we do



No matter how much support you need, our expert teams are here to help you live a more independent life.



Your choice, you're in control

We tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.



Support to live your life

We offer high quality, bespoke care and support and enable you to live your life the way you choose.



Your independence

Through careful planning and reviews, we'll provide 'just enough' support, putting you at the centre of all of the decision making.



Use of technology

We help identify assistive technology to enhance your support, and progress towards greater independence.

Quality Care & support!

We're committed to providing **high-quality, person-centred care and support.**

Our highly trained, specialist teams work with you to co-create personalised support plans focusing on your interests, priorities and skills. You can rest assured your needs are at the centre of all we do.

100%

of our Scottish and Welsh
registered services are
graded overall compliant!



90%

of our registered
services in England
are rated Good or
Outstanding!

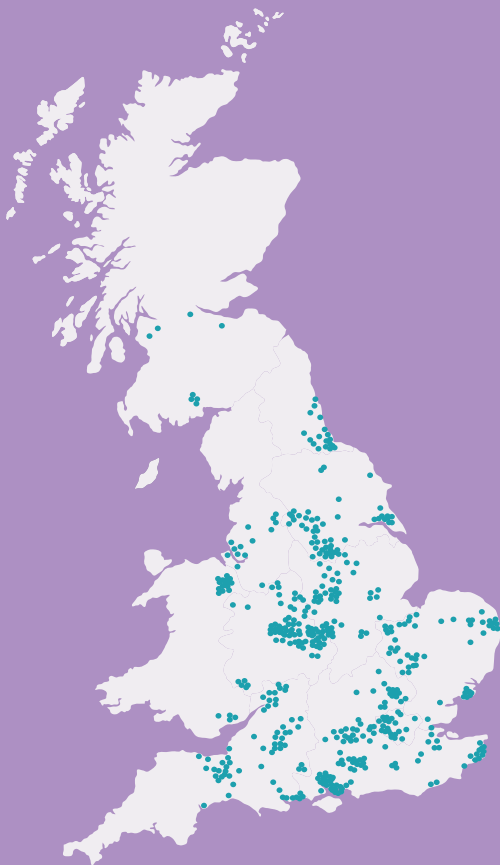
**Data accurate as of October 2025.*



About Voyage Care

Voyage Care is a sector-leading provider of specialist care and support to **3,500+ people** with a learning disability, autism, brain injuries and other complex needs.

We offer **person-centred care** in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.



Get in touch



Contact our **friendly enquiry team** to discuss how we can support you or a loved one.



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www.voyagecare.com