



John Cabot House

Specialist brain injury rehabilitation
service in Bristol



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About our home

John Cabot House is a **specialist brain injury rehabilitation service** in a quiet residential area of Bristol, **supporting up to eight adults**.

Our adapted Grade II listed home offers **six en-suite bedrooms** and **two self-contained ground floor apartments**, supporting both full residential support and the next steps toward independence.

Our communal spaces are **designed to promote wellbeing and functional skills**, including:

- ✓ A welcoming lounge for socialising, relaxing, or hosting visitors.
- ✓ A spacious ground-floor kitchen-diner and an adapted first-floor training kitchen.
- ✓ Large outdoor areas, including a garden renovated by a person we support as part of their rehab journey.
- ✓ We offer active rehabilitation and provide a comfortable, supportive environment tailored to individual goals.



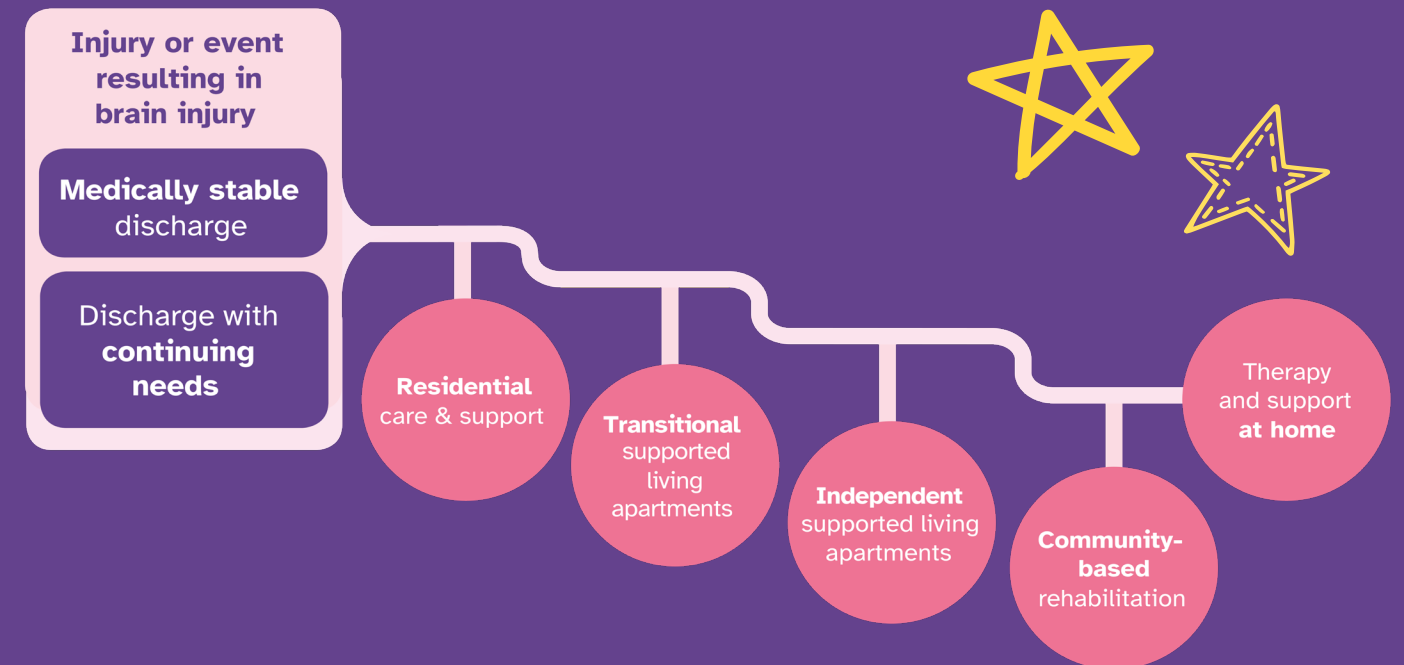
Our pathway

We understand everyone's brain injury experience is unique, so we tailor our support to **meet individual needs and goals**. Through **innovative person-centred support**, we identify areas for developing abilities, increasing confidence, and making **positive steps towards independent living**.

We focus on rehabilitation potential and design functional support that enhances skills and nurtures meaningful connections within the community.

Together with the people we support, **we co-create care plans** reflecting what's important to them, ensuring we **support them to achieve their aspirations**.

Our goal is to **support individuals to regain lost skills**, reclaim their independence, and **establish a meaningful future**.





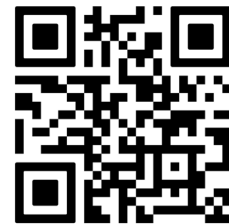
As part of our person-centred approach to brain injury rehab, we work with **expert therapists who tailor therapy sessions** to meet individual needs and goals. Our current therapies include **Occupational Therapy, Physiotherapy, Neuro-Music Therapy, Psychotherapy, and Speech and Language Therapy.**

Our home is designed to **support both individual rehabilitation pathway and overall wellbeing.** We benefit from exercise equipment, empowering you to **maintain a healthy lifestyle and regain lost mobility**, as well as a dedicated therapy room, to support therapy delivery.



Scan Me!

To learn more about **John Cabot House** on our website!



Promoting wellbeing

Each day is centred around **fun and functional activities**, so the people we support develop and practice their skills in everyday situations.

We ensure activities are **bespoke to individual interests**, preferences, needs and values. Working with the people we support, we source meaningful opportunities that support their goals and **promote quality of life.**





Ollie transforms her life!

Ollie **suffered with mental health difficulties** from an early age. When she was working as an Outdoor Activities instructor, **she had a fall and hit her head**. Her mental health struggles took a turn for the worst and she started hearing voices in her head. Desperately wanting to feel better, Ollie sought help – but nothing worked. Unable to cope, she tried to end her own life and suffered a **hypoxic brain injury**.

Her **brain injury affected her mobility**, adding new emotional struggles. Ollie's wheelchair made her feel self-conscious and **she struggled to understand who she was**. Our compassionate team supported Ollie to express her thoughts and feelings, find the confidence to engage with her rehab pathway, and **take back control of her life**. Soon, she was walking again. Once she'd taken those first steps, **there was no stopping her**.

Scan Me!

To **learn more** about Ollie's transformation story!



Our expertise



Compassionate team

Diverse, skilled team united by empathy and a commitment to improving lives.



Positive environment

Supportive, homely atmosphere where people feel safe, valued, and respected.



Active rehabilitation

Skills and cognition are deeply embedded through daily, meaningful activities, resulting in positive outcomes.



Integrated therapy

Our in-house Therapy Lead connects with expert clinicians to weave therapies into daily life.



Collaborative care

Strong partnerships with local professionals enables seamless multi-disciplinary rehab pathways.



Accredited by



the brain injury association



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We'd love to hear from you!

Know someone who would **benefit from our specialist support at John Cabot House?**

Our expert team is here to **guide you every step of the way**. From initial enquiry, to assessment and transition, we've got it covered.

Just scan the QR code, fill in your details, and we'll take care of the rest!

Voyage Care **supports 3,500+ people** with a learning disability, autism, brain injuries and complex needs.



Get in touch



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www.voyagecare.com



Scan QR code to
make a referral

