

St Helens Down,

East Sussex,



voyagecare 

St Helens Down



St Helens Down is a residential care home located in Hastings, East Sussex. Our team **provide support for up to six individuals** with a learning disability, autism, non-rehabilitation brain injuries, dementia, and mental health needs.

Our **spacious bungalow** features six ground-floor rooms, a communal lounge, fully equipped kitchen, bright dining room, and modern shared bathrooms, including an accessible wet room. Unwind in our garden, which offers a **fruit and veg patch** and backs onto a woodland, perfect for spotting local wildlife!

We are located in a quiet spot **near many amenities**, with the town centre and beach just a short drive away. We have great **public transport links** which makes travelling easier, whether nearby or further afield.





A place to call home

At St Helens Down we promote choice, independence, and connection through a collaborative, person-centred approach. We have a dedicated waking night team member who ensures **support and reassurance 24/7**.

We use a Positive Behaviour Support (PBS) approach to encourage engagement and **build meaningful connections**. By working closely with local teams and professionals, we ensure you are offered meaningful choices and opportunities to take part in their communities.

Whether it's exploring local shops, taking a stroll in the park, getting creative with arts and crafts, dancing, or enjoying a movie at home, there are **plenty of engaging activities to get involved in**.

Quality Care & support!

We're committed to providing **high-quality, person-centred care and support.**

Our highly trained, specialist teams work with you to co-create personalised support plans focusing on your interests, priorities and skills. You can rest assured your needs are at the centre of all we do.

100%

of our Scottish and Welsh
registered services are
graded overall compliant!

89%

of our registered
services in England
are rated Good
or Outstanding!

**Data accurate as of August 2025.*



Your needs at the centre of all we do



No matter how much support you need, our expert teams are here to help you live a more independent life.



Your choice, you're in control

We tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.



Support to live your life

We offer high quality, bespoke care and support and enable you to live your life the way you choose.



Your independence

Through careful planning and reviews, we'll provide 'just enough' support, putting you at the centre of all of the decision making.



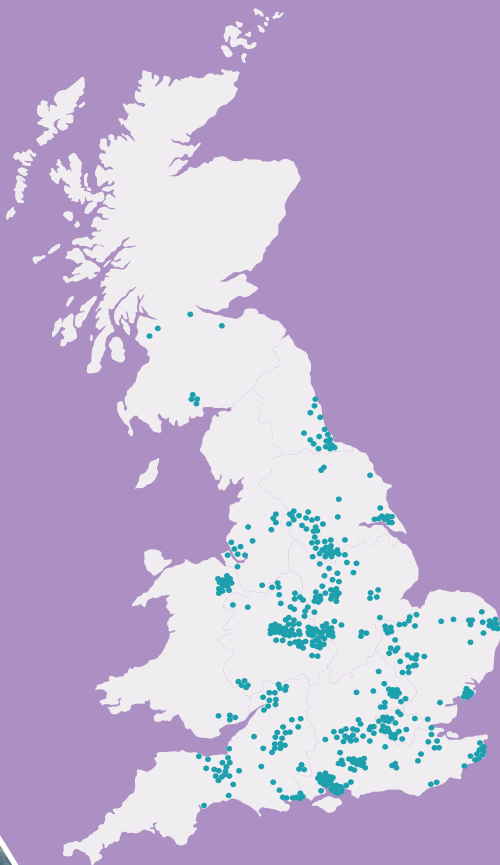
Use of technology

We help identify assistive technology to enhance your support, and progress towards greater independence.

About Voyage Care

Voyage Care is a sector-leading provider of specialist care and support to **3,500+ people** with learning disabilities, autism, brain injuries and other complex needs.

We offer **person-centred care** in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.



Get in touch

Contact our **friendly enquiry team** to discuss how we can support you or a loved one.



0800 035 3776

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www.voyagecare.com

