Woodlands, North Yorkshire





Woodlands

Located in North Yorkshire, Woodlands is a **specialist brain injury rehabilitation service** offering expert support in a friendly environment.

Our two-storey home has 10 en-suite bedrooms, one self-contained flat and **three step-down bungalows** at the back of the property.

The people we support are empowered to develop their skills through an **active rehabilitation pathway** and our team work with them to achieve their goals!

Our home has a **number of communal spaces**, including a large lounge and creative therapies rooms - giving the people we support flexibility to socialise with others.

Our spacious garden features a **mindfulness area** where we grow plants and reconnect with nature!

We have **great transport links**, helping the people we support remain connected to their community.

We empower the people we support to **engage in activities** at the home or in the local community.



Our approach

Our expert support team uses a **functional approach** to brain injury rehabilitation.

They'll support you to redevelop everyday skills, empowering you to reach your goals and achieve a level of independence that's right for you.



Your wellbeing

Our home is designed to support both your rehabilitation pathway and overall wellbeing. We benefit from:

- **Exercise equipment,** empowering you to maintain a healthy lifestyle or enjoy some phyisotherapy sessions.
- **Training kitchen,** providing you with an opportunity to improve your independent living skills.
- **Commuity-based activities,** so you can practice your social skills in a fun and functional way.

We work with expert therapists who tailor therapy sessions to meet your needs and support your rehabilitation goals. Our current therapies include, **Occupational Therapy**, **Physiotherapy**, **Music Therapy and Speech and Language Therapy**.

Our commitment to quality

We're committed to providing person-centred, high quality care and support – demonstrated by **all of our brain injury rehabilitation services rated Good or Outstanding** by the Care Quality Commission.

Our highly trained, specialist teams use an individualised approach to support. We're committed to supporting you in a way that works for you – with reliability and consistency. You can rest assured your needs are at the centre of all we do.



Your needs at the centre of all we do

Whether you're just starting your rehabilitation journey, or looking to transition back into the community, our support enables you to live a more independent life.

Your choice - you're in control

We tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.

Support to live your life

We use slow stream rehabilitation to help you regain the skills you need to live more independently.

Expert professionals

Our expert support teams collaborate with qualified therapists to provide you with support that meets your needs, and helps you reach your goals.

Use of technology

Where relevant, we work with you and your therapists to identify assistive technology to enhance your support.



About Voyage Care

Voyage Care is a sector-leading provider of specialist care and support to 3,500+ people with learning disabilities, autism, brain injuries and complex needs.

We offer person-centred care in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.





Get in touch

Contact our friendly enquiry team to discuss how we can support you or a loved one.



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