

# Specialist Prader-Willi syndrome support

Enabling you to live the life you choose



Prader-Willi syndrome support by  
**voyage**care



# Helping you thrive

At Voyage Care, we are passionate about supporting people with Prader-Willi syndrome to live a **healthy** and **fulfilling life**.

Through our **Prader-Willi syndrome specialism**, we use a person-centred approach to deliver **tailored and personalised care** to individuals with the condition.

**Our dedicated, expert team** fully understand the needs of those living with Prader-Willi syndrome, and are committed to providing the best quality care and support in all settings.

We care about **personal goals**. We create **person-centred support plans**, to help every person we support reach their **aspirations**.



We have 13  
specialist  
Prader-Willi  
syndrome  
services!



# How we support you

Our specialist Prader-Willi syndrome services put **your needs at the forefront of everything.**

## You can expect our teams to:



Understand your needs, wants and goals, and **tailor our support** to your unique requirements.



Implement individual, **person-centred support plans** and develop **meaningful activities** to help you achieve your goals.



Provide a **safe and positive environment** that allows you to progress.



Encourage you to lead a **healthy and enriched lifestyle.**



# Our approach

Providing great **quality care** for the people we support is what we're all about. All of our teams are kept up to date with ongoing standards for the delivery of care, which we manage via our **internal quality mark**.

We constantly look for ways to **improve** the care we deliver, so it enables the people we support to live the lives they choose; lives which are **fulfilling, meaningful** and **happy**.

89%

of our locations, including our Prader-Willi syndrome specialism services, are rated as **Good** or **Outstanding** by the Care Quality Commission\*.

*\*Data correct as of December 2023.*



# Supporting Chris to live a happy and healthy life

Chris, diagnosed with **Prader-Willi syndrome**, moved to our **specialist** residential care home, Esmer House, in February 2020. Struggling with **depression** and **anxiety**, his behaviour at home deteriorated, leading to conflicts and exclusion from day services. Seeking support, Chris and his family approached Voyage Care.

After 37 years at home, Chris initially faced challenges adjusting to the new environment at Esmer House. Our team **facilitated his contact with family**, recognising the importance of maintaining those connections. Initially displaying challenging behaviour, Chris expressed a desire for change. Our team worked with him to identify triggers and implemented **personalised strategies**. Chris, who values routine, was kept informed about decisions affecting him, resulting in **significant improvements** in behaviour.



So far Chris has achieved **remarkable progress** at Esmer House. Motivated to address the weight-related aspects of his condition, he joined a gym, **is maintaining an active lifestyle**, and **has adopted a healthy diet**. Since he joined us, Chris has persevered and successfully lost two and a half stone, demonstrating his **commitment to personal goals and wellbeing**.



# Specialist training and support

At Voyage Care, giving our teams the knowledge and skills to provide **high-quality care** to the people we support is a **top priority**.

Our Prader-Willi syndrome **experts** deliver **effective awareness training** to all our specialist services.

They use their **wealth of knowledge** to ensure our teams **confidently provide transformative care**; offering the best chance for those we support to **enhance their lives**.

All training focuses on **person-centred care**, and follows best practice guidelines.

## Our teams have the opportunity to...



Learn from our **experienced** Prader-Willi syndrome experts.



Access forums for sharing **best practice** and reviewing outcomes.



Access **specialist training** and **industry insights**.







# Prader-Willi syndrome professionals group

Our Prader-Willi syndrome professionals group is an **expert forum** that shares **best practices, success stories** and **experiences** from our managers, employees, family members and professionals.

The information shared helps deliver **industry leading care** and opportunities to **change outcomes** for the people we support.



Insights gained from the group are emailed to our care homes and community hubs, to improve the support we provide.

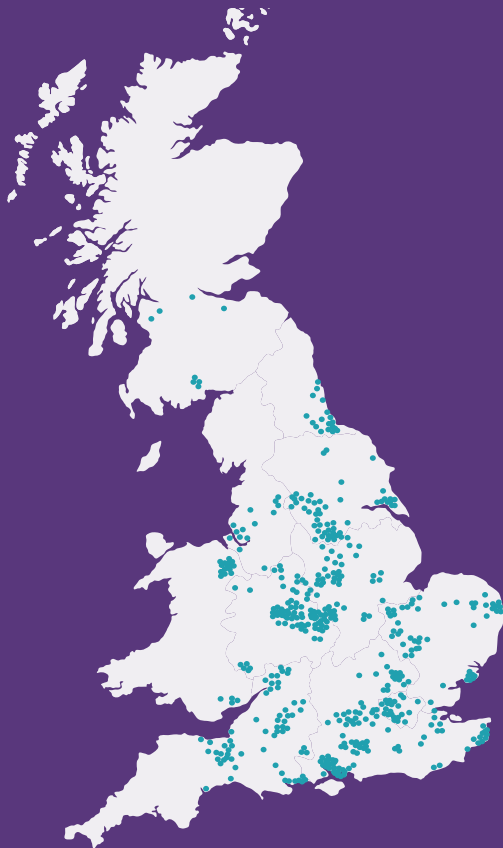


Any new research or guidance on Prader-Willi syndrome is reviewed and relevant policies and procedures are updated to reflect this.

# About Voyage Care

Voyage Care is a **sector-leading provider** of specialist care and support for over 3,500 people with learning disabilities, brain injuries, autism, and other complex needs such as mental health.

We offer **person-centred care** in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.



## Get in touch

Contact our friendly enquiry team to discuss how we can support you or a loved one.



0800 035 3776



[referrals@voyagecare.com](mailto:referrals@voyagecare.com)



[www.voyagecare.com](http://www.voyagecare.com)