Mountain Ash, East Sussex





Mountain Ash

Mountain Ash is a residential care home in Hastings, East Sussex. We provide **high-quality support for up to 10 people** with learning and physical disabilities.

Our fully accessible home offers a range of **shared communal spaces** for relaxation and enjoyment. Picture yourself lounging in our two living rooms, cooking healthy meals in our spacious kitchen or socialising in the dining room. Plus we have a large garden, perfect for enjoying the fresh air!

Need stimulation? We've also got a **sensory room** with fibre optic lights, ball pool and sensory items - or simply find a space to sit back and relax!

The people we support actively participate in a range of **in-house activities** like music, arts and crafts and cooking.





A place to call home

Our 10 bedrooms are spacious and can be personalised to reflect an individual's own **taste and preferences!**

Our property also benefits from an **indoor swimming pool**, ideal for hydrotherapy or simply for the people we support to enjoy.

Most of our bedrooms, our communal bathroom, wet room, hydrotherapy pool and sensory room are **fitted with tracking hoists** to support those with mobility issues.

We encourage individuals to engage in **community activities** such as visiting local shops, leisurely walks and attending organised events like BBQs.



Your needs at the centre of all we do

Whether you need support for a few hours or around the clock, our support teams can help you live a more independent life.

Your choice, you're in control

We tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.

Support to live your life

We offer high quality, bespoke support and enable you to enjoy everyday life.

Your independence

Through careful planning and reviews, we'll provide 'just enough' support, putting you at the centre of all decision making.

Use of technology

Where relevant, we work with you to identify assistive technology to enhance your support, reduce support hours and progress towards greater independence.



Quality care and support

We're committed to providing **high-quality**, **person-centred care and support.** Our goal is to help you live the fulfilling, meaningful and happy life you choose with as much or as little support as you need.

Our highly trained, specialist teams work with you to co-create personalised support plans focusing on your interests, priorities and skills. You can rest assured your needs are at the centre of all we do.

*Data accurate as of November 2023



90%* of our registered services in England are rated Good or Outstanding.



About Voyage Care

Voyage Care is a sector-leading provider of specialist care and support to **3,500+ people** with learning disabilities, autism, brain injuries and other complex needs.

We offer **person-centred care** in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.



Get in touch

Contact our friendly enquiry team to discuss how we can support you or a loved one.



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