## Mountain Ash, East Sussex





### **Mountain Ash**

Mountain Ash is a residential care home in Hastings, East Sussex. We provide **high-quality support for up to 10 people** with cerebral palsy, epilepsy and learning disabilities.

Our spacious bungalow features 10 bedrooms with height adjustable beds. We have lots of **shared communal areas**, including two large living rooms, a kitchen and dining room - perfect for taking part in activities with other housemates.

Need stimulation? We've also got a **sensory room** with fibre optic lights, ball pool and sensory items - or simply find a space to sit back and relax!

Our home benefits from an **indoor swimming pool**, ideal for hydrotherapy or simply for the people we support to enjoy. Both our indoor swimming pool and sensory room are fitted with tracking hoists to support those with mobility issues.





## A place to call home

Our home has its own **in-house Activity Coordinator**, who's role is to create bespoke activities tailored to meet the needs of the people we support. To assist with accessing community activities, we have an **on-site vehicle** that can occupy those using a wheelchair.

Throughout the year, we host **different theme days** where the people we support can dress up and enjoy fun activities. Some of these themes include, "wear odd socks day", Halloween, Easter, Christmas and many more!

We encourage individuals to **engage in community activities** such as visiting local shops, leisurely walks and attending organised events like BBQs.



# Your needs at the centre of all we do

Whether you need support for a few hours or around the clock, our support teams can help you live a more independent life.

#### Your choice, you're in control

We tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.

#### Support to live your life

We offer high quality, bespoke support and enable you to enjoy everyday life.

#### Your independence

Through careful planning and reviews, we'll provide 'just enough' support, putting you at the centre of all decision making.

#### **Use of technology**

Where relevant, we work with you to identify assistive technology to enhance your support, reduce support hours and progress towards greater independence.



## **Quality care and support**

We're committed to providing **high-quality**, **person-centred care and support**. Our goal is to help you live the fulfilling, meaningful and happy life you choose with as much or as little support as you need.

**Our highly trained, specialist teams** work with you to co-create personalised support plans focusing on your interests, priorities and skills. You can rest assured your needs are at the centre of all we do.

\*Data accurate as of April 2024

100%\* of our Scottish and 66%\* Welsh registered services are graded overall compliant. 89%\* of our registered services in England are rated Good or Outstanding.



## **About Voyage Care**

Voyage Care is a sector-leading provider of specialist care and support to 3,500+ people with learning disabilities, autism, brain injuries and other complex needs.

We offer person-centred care in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.





Contact our friendly enquiry team to discuss how we can support you or a loved one.



0800 035 3776



referrals@voyagecare.com www.voyagecare.com

