## Mountain Ash, East Sussex





#### **Mountain Ash**

Mountain Ash is a residential care home in Hastings, East Sussex. We provide **high-quality support for up to 10 people** with learning and physical disabilities.

We're dedicated to providing the people we support with care plans that centre around their needs and preferences. Our goal is to create an environment that promotes inclusivity and offers high-quality care for all.

Our home offers a range of **shared communal spaces** for relaxation and enjoyment. Picture yourself lounging in our two living rooms, cooking healthy meals in our spacious kitchen or socialising in the dining room. Plus we have a spacious garden, perfect for enjoying the fresh air!

Need stimulation? We've also got a **sensory room** with fibre optic lights, ball pool and sensory items - or find a space to sit back and relax!





## A place to call home

Our 10 bedrooms are spacious and can be personalised to reflect an individual's own **taste and preferences!** 

Our property also has an **indoor swimming pool** available for the people we support to enjoy.

The people we support actively participate in a range of **in-house activities** like music, arts and crafts and cooking. They also enjoy engaging in **community activities** such as visiting local shops, going to the farm shop, leisurely walks and attending organised events like BBQs.



## Our commitment to quality

We're committed to providing person-centred, high quality care and support – demonstrated by our sector-leading quality ratings by the Care Quality Commission.

Our highly trained, specialist teams have an individualised approach to support. We're committed to supporting you in a way that works for you – with reliability and consistency. You can rest assured your needs are at the centre of all we do.

\*Data accurate as of August 2023

90%\* of our registered services in England are rated Good or Outstanding

100%\* of our Scottish and 75%\* of our Welsh registered services are graded overall compliant.



# Your needs at the centre of all we do

Whether you need support for a few hours or around the clock, our support teams enable you to live a more independent life.

Your choice, you're in control We tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.

#### Support to live your life

We offer high quality, bespoke support and enable you to enjoy everyday life.

#### Your independence

Through careful planning and reviews, we'll provide 'just enough' support, putting you at the centre of all decision making.

#### **Use of technology**

Where relevant, we work with you to identify assistive technology to enhance your support, reduce support hours and progress towards greater independence.



## **About Voyage Care**

Voyage Care is the sector-leading provider of specialist care and support to 3,500+ people with learning disabilities, autism, brain injuries and complex needs.

We offer person-centred care in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.





### **Get in touch**

Contact our friendly enquiry team to discuss how we can support you or a loved one.



0800 035 3776



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