

Lower St Helens, Southampton



CARE HOMES by

voyagecare 

Lower St Helens

Lower St Helens is a residential care home in Hedge End, Southampton. We provide **high-quality support for four people** with autism, challenging behaviour, diabetes and learning disabilities.

Our four-bedroom home offers relaxing spaces. It includes communal areas which feature a large lounge with a dining area and a separate kitchen with a **breakfast bar**. Plus there's a sensory garden with outdoor seating!

We also have two shared bathrooms on the first floor and a ground floor shower room with a **shower chair for improved accessibility**.

For various activities, there's a well-designed **activities room** equipped with comfortable seating and a table. This room caters to both individual and group activities such as crafts, sensory experiences, health and beauty sessions and one-on-one conversations.



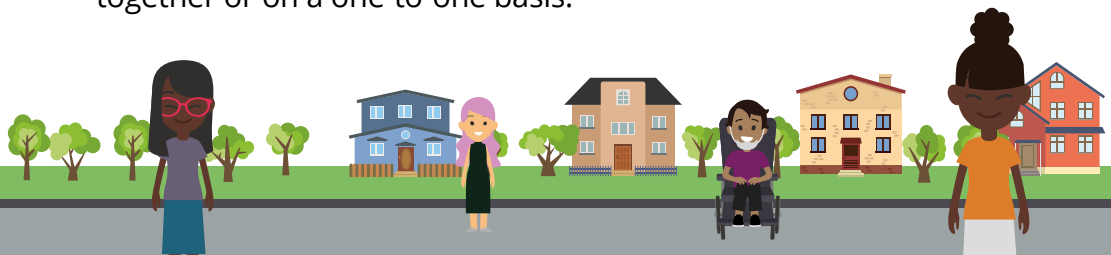


A place to call home

We currently have **one vacancy** at our home, located on the first floor. This spacious double room has been tastefully decorated and has a picturesque view of the garden. It features a hand basin with a mirror, and the communal shower room is located just outside the bedroom.

The people we support enjoy **engaging in various group activities** such as going to the cinema, coffee outings, day trips, bowling, pub gatherings, arts and crafts, pottery sessions, music groups and leisurely walks. We also enjoy going on **holidays abroad!**

For daily outings and activities, we provide a **communal car** with a seating capacity of seven, which the people we support can use together or on a one-to-one basis.



Our commitment to quality

We're committed to providing **person-centred, high quality care and support** – demonstrated by our sector-leading quality ratings by the Care Quality Commission.

Our highly trained, specialist teams have an **individualised approach to support**. We're committed to supporting you in a way that works for you – with reliability and consistency. You can rest assured your needs are at the centre of all we do.

**Data accurate as of July 2023*

91%* of our registered services in England are rated **Good or Outstanding**

100%* of our Scottish and **75%*** of our Welsh registered services are graded overall compliant.



Your needs at the centre of all we do

Whether you need support for a few hours or around the clock, our support teams enable you to live a more independent life.

Your choice, you're in control

We tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.

Support to live your life

We offer high quality, bespoke support and enable you to enjoy everyday life.

Your independence

Through careful planning and reviews, we'll provide 'just enough' support, putting you at the centre of all decision making.

Use of technology

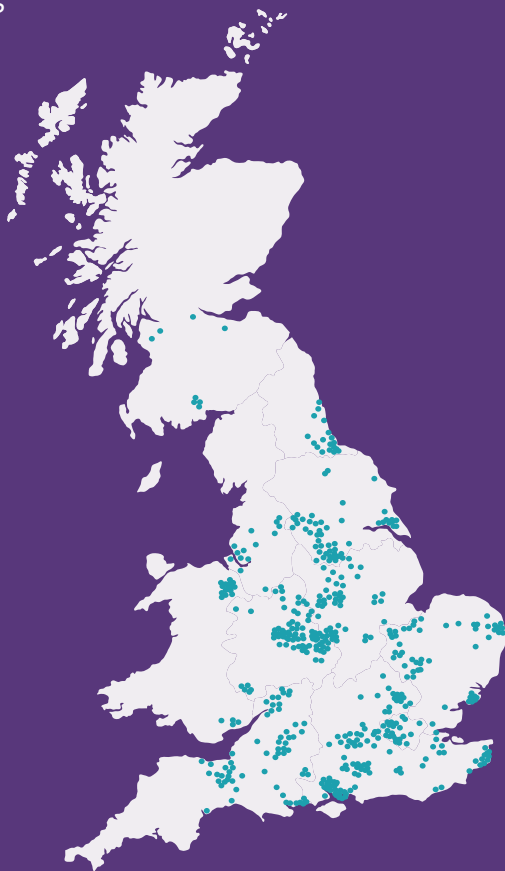
Where relevant, we work with you to identify assistive technology to enhance your support, reduce support hours and progress towards greater independence.



About Voyage Care




Voyage Care is the sector-leading provider of specialist care and support to 3,500+ people with learning disabilities, autism, brain injuries and complex needs.

We offer person-centred care in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.



Get in touch

Contact our friendly enquiry team to discuss how we can support you or a loved one.

 0800 035 3776
 referrals@voyagecare.com
 www.voyagecare.com