# St Helens Down, Hastings





## St Helens Down

St Helen's Down is a residential care home, located in East Sussex. Here, **we provide support for up to six individuals** with learning disabilities, mental health needs and dual diagnosis.

This **fully accessible** bungalow is made up of six ground floor bedrooms, three of which have **their own en-suite bathrooms**. We also have plenty of communal areas for the people we support to engage and relax in!

Our large garden is set amongst a surrounding woodland. The people we support can enjoy relaxing on our decked area in the warmer months, whilst watching the wildlife. **We also have a vegetable patch**!

The property is **close to many local amenities**, plus we're not far from Hastings United FC and the beach!





# A place to call home

We are looking for **three housemates** to join us at St Helen's Down. All vacant bedrooms are decorated in neutral tones, ready to be personalised to suit individual taste!

Two rooms have access to the **communal wet room** with a built-in shower chair, and **bathroom** which has a low step bath. Our third room features an **en-suite bathroom**, which also has a built-in shower chair!

The current people we support are aged between 65-76 and enjoy watching films, baking and doing arts and crafts together! Staff encourage individuals to **utilise our support to lead an independent life** where possible!



# Our commitment to quality

We're committed to providing **person-centred**, high quality care and support – demonstrated by our sector-leading **91% Good or Outstanding\*** quality ratings by the Care Quality Commission.

Our highly trained, **specialist teams** use take an individualised approach to support.

We're committed to supporting you in a way that works for you – with reliability and consistency. You can rest assured **your needs** are at the centre of all we do.

"People received kind and compassionate care. People's care, treatment and support plans reflected their range of needs and this promoted their wellbeing and enjoyment of life."

CQC Inspection Report Rating: Good 8 March 2023

\*Data accurate as of May 2023



# Your needs at the centre of all we do

Whether you need support for a few hours or 24/7, our support teams enable you to live a more independent life.

Your choice, you in control We tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.

#### Support to live your life

We offer high quality, bespoke support and enable you to enjoy everyday life.

#### Your independence

Through careful planning and reviews, we'll provide 'just enough' support, putting you at the centre of all decisions.

#### **Use of technology**

Where relevant, we work with you to identify assistive technology to enhance your support, reduce support hours and progress towards greater independence.



# **About Voyage Care**

Voyage Care is the sector-leading provider of specialist care and support to 3,500+ people with learning disabilities, autism, brain injuries and complex needs.

We offer person-centred care and support in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.





## **Get in touch**

Contact our friendly enquiry team to discuss how we can support you or a loved one. 0800 035 3776

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www.voyagecare.com