St Helens Down, Hastings





A place to call home

St Helens Down is a homely bungalow located in Hastings in East Sussex. This residential care home provides support to people with learning disabilities, mental health conditions and dual diagnosis.

This fully accessible bungalow has an open plan layout, making it ideal for those with mobility needs. At St Helens down, there are six bedrooms, including three with en-suite facilities, alongside a shared bathroom and wet room. The home also benefits from a communal lounge and dining room.

St Helens Down has a beautiful garden, with a large decked area set amongst the surrounding woodlands. The garden attracts lots of wildlife and there is also a vegetable and herb patch for the residents to enjoy.

The dedicated staff team at St Helens Down empower the people we support to achieve the best possible outcomes in their lives. The team encourage meaningful activities that promote and maintain independence, such as art and crafts, as well as activities outside the service. The home is located just 10 minutes from Hastings Town, where residents can visit shops, restaurants and the beach!





Current vacancies

There are currently two vacant bedrooms at St Helens Down. Each of these rooms are located on the ground floor and would be suitable for an individual with mobility needs. Both single rooms have access to a shared wet room with a built-in shower chair and a bathroom with a low step bath.

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The current residents at St Helens Down are all aged between 65-76 and have mild learning disabilities, autism and mental health diagnoses. They are a friendly group of people who enjoy socialising but also enjoy their own company.

Your needs at the centre of all we do

Whether you need support for a few hours or 24/7, our support teams enable you to live a more independent life. You can be assured that your needs are at the centre of all we do.

Your choice, you in control – We tailor your support around your needs and choices. You can rely on us for safe, flexible and personalised support.

Support for you to live your life – We offer high quality, bespoke support and enable you to enjoy everyday life.

Your independence – Through careful planning and reviews, we'll provide 'just enough' support, putting you at the centre of all decision making.

Use of technology – Where relevant, we work with you to identify assistive technology to enhance your support, reduce support hours and progress towards greater independence.



Our commitment to quality

We're committed to providing person-centred, high quality care and support – demonstrated by our sector-leading 95% Good or Outstanding* quality ratings by the Care Quality Commission.

Our highly trained, specialist teams use take an individualised approach to support.

We're committed to supporting you in a way that works for you – with reliability and consistency. You can be assured that your needs are at

*Data accurate as of Nov 2021

There was a pleasant, calm and homely atmosphere in the home, with people doing what they wanted when they wanted. At one point... one person enjoyed a snooze... another person was watching a film... two people were engaged in activities with staff.

CQC Inspection Report Rating: Good 14 March 2018



About Voyage Care

Voyage Care is the sector-leading provider of specialist care and support to 3,500+ people with learning disabilities, autism, brain injuries and complex needs.

We offer person-centred care and support in a range of settings. This can be out and about in the community, in your own home or in one of our residential care homes.





Get in touch

Contact our friendly enquiry team to discuss how we can support you or a loved one.



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