

An easy read guide to...

Personal Protective Equipment (PPE)



Personal Protective Equipment is sometimes called PPE.

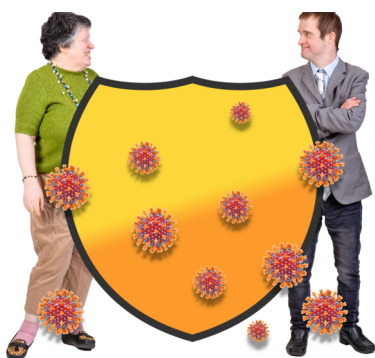
Health workers wear PPE to protect themselves.



Health workers may look different when they wear PPE, but they are still the same person.

They may be wearing:

- Face mask
- Face shield
- Gloves and gown



PPE helps health workers stay safe.

It also helps stop the spread of illnesses like Covid-19.